

# English Plus Football

For students who love football and want to play it every waking minute! Coaching sessions are led by qualified staff and aim to improve each student’s technical skills and abilities. Students will also build on their understanding of match tactics and playing systems. There are regular matches and a weekly showpiece game.



Below is a typical timetable for students following the football programme. Students receive nine hours of football training per week in addition to their fifteen hours of English tuition. Along with all other students, ‘English Plus Football’ students will go on one full day excursion and two half day excursions a week. Please note, this is a sample timetable, so excursion destinations may vary.

**AVAILABLE LOCATIONS:**  
 University of Chester, Parkgate  
 York, Bootham School  
 York, St Peter’s School  
 Nantwich, Reaseheath College  
 University of Chichester  
 Bristol, Badminton School

\*A minimum of ten students is required for the ‘English Plus Football’ programme to run at the centre.

\*\*The programme is available for the following age ranges: 11 – 14 and 14 – 17.

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM
<b>Week 1</b>	English Test	Football - Intro to techniques / skills	English Lessons	Chester Orientation & Chester Cathedral	English Lessons	Football - Dribbling and short side passing	English Lessons	Wales with Conwy Castle	English Lessons	Football - Control of the ball	Liverpool with Beatles Museum		Free Time, Activities or Optional Excursion	

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM
<b>Week 2</b>	English Lessons	Football - Passing and recap technique	English Lessons	Chester with Cheshire Military Museum & Roman Tour	English Lessons	Football - Match tactics	English Lessons	Llandudno with Great Orme Tramway	English Lessons	Football - Recap skills and match	Manchester with City of Manchester Stadium Tour		Depart	

## PREMIER FOOTBALL

The **Premier Football Programme** at the University of Chester is for students who want the ultimate football experience. The course has the same programme details as English Plus Football above but with some special enhancements.

We include workshops and sessions with visiting professional speakers. Previously, guests have included an Academy Manager and a Scout from Premier League clubs, a Football Agent, and a former Premier League & International Footballer.

This programme also features football specific excursions including;

- Manchester United Museum & Stadium Tour
- Manchester City Stadium Tour
- Liverpool FC Stadium Tour
- St Georges Park, the English Football Association's national team's training ground

The Premier Football programme will run at the University of Chester. The minimum amount of students to run a Premier Football programme is ten.